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good-bye. We were the lucky ones who had the chance. My sister wasn't so lucky. Over the course of about 2 more hours, we watched as my father's breathing slowed, and eventually stopped. He died on April 25, 1994 at 2 in the morning. And I was holding his hand. I'll never forget that moment, it was the best and the worst moment of my life. Worst because I lost someone I loved very much, best because I was there to share that moment with him.

The wake and the funeral were awful. So many people crying, so many people in pain. No one worse than my sister. She hadn't had to deal with my dad being sick, she was in Chicago. Out of sight, out of mind. Not having seen him in over 6 months, seeing him, as he lay in the coffin, was such a shock to her. He was 51, but looked 75. Not at all like she remembered him. I think she felt guilty for not being there for him and gypped for not getting a chance to say good-bye or "I love you." I pity her for that.

In the past 2 years, my life has changed drastically. When I look back to that summer when everything was good, I can't believe how much I took for granted. Never expecting this to happen. Never expecting any of it. I pretty much ignored the whole mourning thing, not really dealing with it on any sort of regular basis. I ignored the

pain, the hurt. But every now and then... man, it would come crashing down one me - the wall I had built. I didn't think things would get better, and for about a year and a half, they didn't. So changed by Dad's death, I lived in a denial. Sometimes I would pick up the phone to call him and then realize - he wasn't there. Pretending everything was okay, knowing it wasn't.

Coming back to school this fall, starting a new year, I felt it was time. Time to face the truth, face myself. Denial no longer worked. I felt lonely, sad, angry, betrayed - and I cried. I had cried before, but this time it was different. I cried for me, not for him. And I was better. It was the first real emotion I had felt in over a year. And it felt so good. That was a couple of months ago and I've been doing all right since. A part of me died with my father, but the rest of me lives on, partly for him, mostly for us.

Looking back, I can see all the times when I should've said all the things I feel for him, the ways I could've shown how much I cared; the fights I should've ignored, the smiles I should have savored. Hindsight is 20/20. But none of that matters now, because in that moment we shared, his moment of death, my father knew he wasn't alone. It isn't true what they say about time healing all wounds, but it certainly does help to put things in perspective.

**In the Next Issue of *Wheat Bread*
(assuming Luigi takes care
of the undercover pig-dog)**

The Triumphant Return of John Guess!
The Triumphant Return of Martin Mohr!
The Triumphant Return of Abe Brody!
The Triumphant Return of a Whole Bunch
of Old People Whom I'm Sure Nobody
Remembers Anymore!

Also— "I Was Touched By Binky," and
Jonathan Kamp Takes the "Urp" Out of
UNURP—the Hard Way!

FROM THE DESK OF ROC-U:

"Hey! It's Another ROC-U Schedule!!"

Monday

10-1 2pm The Alex & Patience Show
3pm-6pm The time, updated occasionally, karma permitting (in stereo)
12-?? WEIRD STUFF! ON REPEAT! ALL NIGHT LONG!

Tuesday

6-8pm Shayne Holland
7-8pm Peter Gray
8-10pm The Sound of Armadillo Crucifixion (Dirk Trachy)
10-12pm Tejota Shubert
1-3pm The "Arri Sucks" Radio Show (The Midnight Caller)

Wednesday

9:30-11:30 am Amanda Reyna and Nicole Imbraccio
12pm - 2pm Readings from the best Campus Police Logs from the 60s, 70s, 80s, and Today! (special requests-only shows!)
8-10 pm Laurie Flaherty
10-1 1pm Shalome Martin, Randy Beckman, and Korey Darling (trust us, we'll come up with something. we hope.)
11-?

Thursday

noon-3pm Elsa Berendes
3-5pm Audio Disaster (Zack Ordynans)
5-7pm Josh Stern and Adam Ganes
midnight-? Nocturnal Emissions (Sean O'Connell, Dirk Trachy, Chad Morin, and whoever the hell else shows up)
8-9am Sean sleeps. (why are you reading this? why am I writing this?! Arrggh.)

Friday

2-4pm Aron Greenburg
4-6pm Cindy Corliss
6-7pm Ezra Hendrickz
7-? pm Mike Schemaille
11-3:17pm Catch that wave! Beach Boys tribute (religious programming)

Saturday

10 pm- 1am Tony Greenway
1am-? yes, our saturday schedule is really weak.

Sunday

8-10am Trelan Holder and Rukaiyah Francis
noon-2pm Chris Morello and Ed Lemay
4-7pm Erin Schultz
7-9pm Kelly Murphy
9-10pm Hitchhiker's Guide to the Galaxy radio adaption (Dave Reed and co.)
10-11 pm The 1960's Jamaican Gangster Radio Hour
11-1 pm Shoji Otaka and Yakub Krawczyk



SECRET INITIATION RITUAL:
Happy ROC-U deejay receiving honorary degree from the Wilford Beauty Academy...
You could be next!

Photo by: we don't know, we found this somewhere